

ARCHERY



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PURPOSE	Personal challenge coupled with responsibility for self and others. A safe and enjoyable educational experience in a different environment To acquire a series of progressive skills, building confidences and personal ability.	OUTCOMES	Enhanced self-esteem Shared responsibility, trust in peers and safety awareness Increased understanding of outdoor environments Introduction to possible lifetime activity and opportunity to take skill to a higher level. Create an activity and an atmosphere where an element of perseverance is required for success.
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EQUIPMENT AND INSTRUCTIONAL CONCERNS

Prior to commencement of activity

Ensure conversant with Range Rules (see below)

Sign in the logbook, which is kept in the Office.

Collect keys for archery cabinet located on archery range.

Pre-session checks

Check condition of arrows

Check condition of bows and bowstrings.

Visually check safety of waiting area and safe areas for hazards and debris.

Check target area and 'unseen' areas for livestock and any other hazard which could come into contact with arrows which ricochet or rebound.

Check whether there are any other activities in the area, which could compromise safety, and be prepared to suspend the session until the area is safe.

Check distance of shooting line from target, to ensure it is appropriate for the ability.

Place target faces on target board.

Wearing long sleeves to minimise the effect of the bowstring from hitting the arm

Braces to be worn on top of sleeves.

Warning notices should be placed at point of entry.

Induction and safety talk to be given to participants in the waiting area.

All spectators and participants should be made aware of and abide by the archery **Range Rules-**

- Do not cross the shooting line, unless requested to do so by the instructor
- When loading always keep arrows pointing towards the targets
- Never release the bow string without an arrow
- When not shooting you must remain in the waiting area
- When you are not shooting do not distract the archers
- If you hear the command STOP, stop shooting immediately and make safe the equipment

Explanation and demonstration of usage of equipment, showing appropriate technique on how to load an arrow and how to stand and draw back the bow.

Until the safety issues have been clearly understood, the handing out of bows and arrows should not happen.

At the end of a 'round' of shooting, the instructors should ensure all the arrows have been shot and that they are collected in a controlled and safe manner.

No more than 8 people should be on the shooting line at one time. Other participants and observers remain in the designated waiting area.

As unsafe techniques and unsafe behaviour can have fatal consequences, the instructor has the sanction of sending a participant away or abandoning a session should he/she feel safety is jeopardised.

The instructor should maintain constant awareness of not only the participants and the target area, but also the unsafe area around. Good positioning will aid the instructor to maintain constant vigilance.

At the end of the session, collect all the equipment, bracers, arrows, bows, stands and target faces and return them to the archery cabinet where they came from. Lock the cabinet and return the keys to the Rock Shop.
Sign the logbook, noting any damage.

ENVIRONMENTAL CONCERNS

As archery is a fairly static activity which demands a high degree of manual dexterity, if the weather is cold, windy or wet, due consideration should be given to the value of undertaking the activity.

Specific Risk Assessments for Archery in alternative locations must be done and sessions should only be run by a GNAS leader.

Risk Assessment – Archery

Minimum Leader Qualification	In house assessed	Minimum Assistant Qualification	Responsible Adult
Max group size with Leader	12	Max group size with Assistant	20

Hazard	Who's at risk	Control measures	Risk (minimal, manageable, unacceptable)
Being hit by an arrow	Staff, Participants & Non- participants	Warning signs to inform visitors that archery is in progress. Reinforced by instructor being able to oversee whole area Correct safety instructions for loading drawing and aiming given and understood. Group aware safety in relation to shooting line and waiting areas Instructor to maintain total awareness of each individuals abilities and prepared to abandon the session if participants / group acting in unsafe manner All bows, strings, arrows checked prior to being given out	Minimal
Injury while stringing bow	Staff & participants	Appropriate staff training	Manageable
Injury by bow string	Staff & participants	Correct instruction on loading and shooting. Bracers being given to participants. Long sleeves suggested apparel.	Manageable
Walking into arrows	Staff & participants	Arrows returned to stand after collection Always approach targets from the side	Manageable
Hit by rebounding arrows	Staff & participants	Ensure everyone stays behind firing line. Instructor to check target area for hard objects prior to shooting	Manageable
Failure of equipment	Staff & participants	Prior to shooting, check all equipment Fix or report any damage	Minimal